

# Reach

for Resources, Inc.

952.393.5880

reachforresources.org

Facebook.com/REACH for Resources

## Adaptive Recreation

The adaptive recreation program is a cooperative effort of REACH for Resources and the cities of Brooklyn Center, Brooklyn Park, Golden Valley, Plymouth, Maple Grove, Chanhassen, Chaska, and St. Louis Park. REACH is an agency that serves individuals with developmental disabilities and their families in Hennepin County and Eastern Carver County. Services include adaptive recreation, independent living support, case management, and counseling.

For information and registration procedures, call 952.200.3030. NOTE: For persons not living in one of the above communities, you are considered a "Nonresident" and need to add \$8 to select registration fees.

### B-I-N-G-O!

Wednesday, April 7  
2:30-4pm

All Ages

Participate over video chat or over the phone. Win cool virtual prizes!

WebEx \$5

### B-I-N-G-O!

Friday, May 7  
2:30-4pm

All Ages

Missing seeing people? Join us for a safe outdoor bingo game!

Oak Hill Park  
3201 Rhode Island Ave. So., St. Louis Park  
\$7 (pre-registration only)

### Book & Film Club

1st Thursday of the Month,  
April 1 & May 6

Read the book, listen to an audiobook, or watch the movie and join us for a lively discussion!

WebEx • \$6 for 2 meetings

### Bowl-A-Thon

Saturday, June 5  
11am-1pm

All Ages

Join us for our annual FUNdraiser! For safety, the event will look a little different again this year as we will be holding it outdoors. Collect pledges, then join us for games, boxed lunches, and prizes!

St. Louis Park ROC • 2700 Monterey Dr.  
\$40 in pledges by 5/1 • \$50 in pledges after 5/1 • Lunch only \$20

### Craft: Father's Day

Friday, May 21  
1:30-3pm

All Ages

Thank Dad for all his guidance with some ready-made soup in a jar!

We will mail out supplies and assemble virtually • WebEx • \$20

### Craft: Mother's Day

Wednesday, April 21  
1:30-2:30pm

All Ages

Time to show your appreciation to a special woman in your life! This simple craft uses tape and paint to make a unique set of bamboo cooking utensils.

Register by April 7th to allow for shipping supplies. • WebEx \$16

### Dance Workout

Thursdays, April 8-29  
10:30-11:30am

All Ages

Join Emily for a fun, fast-paced dance class where you exercise and have fun!

WebEx • \$12/\$20

### Dominion Club

Tuesdays, April 6-May 11  
2:30-4pm

Dominion is a super-fun strategy game that you can play online. We will start a club and spend the first couple of sessions learning to play before we get into competitive battles each week. Dominion is somewhat complex and requires the ability to read cards and complete multi-step turns.

WebEx &amp; Dominion Games • \$15/\$23

### Game Break!

Mondays, March 29-May 17  
1-2:30pm

Join Emily and friends for a weekly fun and interactive game group! Some games we play include Pictionary, 20 questions, Family Feud, and many more!

WebEx • \$20/\$28

### Get Strong! Strength Training

Thursdays, May 6-27  
10:30-11:30am

All Ages

Hang out with Emily and learn how to use your own body weight to get stronger! We'll listen to good music and follow along to exercises together. No equipment necessary, just dress for exercise and bring water!

WebEx • \$12/\$20

### Coffee & Lake Walk

Wednesday, May 5  
10-11:30am

Looking forward to seeing you in person! Let's go for a walk and drink some coffee with others. Coffee will be provided, but bring your own travel mug if you can!

In-person • Parkers Lake Park  
15205 County Road 6 • Plymouth • \$5

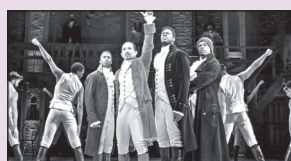
### Ice Cream Social

Tuesday, May 25  
2-3:30pm

All Ages

Celebrate spring and summer with a treat! Catch up with some friends from a safe distance.

Oak Hill Park  
3201 Rhode Island Ave. So. • St. Louis Park  
In-person • \$7



### Movie Under the Stars: Hamilton the Musical

Friday, April 23, 7-9pm

Prepacked snacks and an outdoor show. Bring blankets and dress warm.

AGES 12+

Wolfe Park Amphitheater  
3700 Monterey Dr. • St. Louis Park  
In-person • \$5

### Swing into Spring Twins Game

Thursday, April 8, 3-5pm

AGES 18+

Watch the classic 1987 Twins win the World Series!

WebEx • \$5

### Game Night

Tuesday, April 13  
4-6pm

AGES 18+

Come join your friends for a night of games and fun online!

WebEx • \$5

### Earth Day Dirt Cups

Thursday, April 22, 3-4:30pm

AGES 18+

Dive into Earth Day while making dirt cups!

Oak Hill Park • 3201 Rhode Island Ave. So.  
St. Louis Park • \$7

### Walker Art Center Sculpture Gardens

Tuesday, May 4  
4-5:30pm

AGES 18+

Come and enjoy the spring air as we will walk around the Walker Art Center Sculpture Gardens.

725 Vineland Place, Minneapolis • \$5

### Mother's Day Craft: Bird Feeder

Monday, May 10, 3-5pm

AGES 18+

Come get creative while making a thoughtful gift for your mom!

WebEx • \$15

### Movie Night: 42

Monday, May 17, 3-5pm

AGES 18+

Sit back and relax and enjoy a movie with friends.

WebEx • \$5



## Apple Blossoms at the Arboretum

AGES 18+

Thursday, May 20, 3-5pm

Join us as we venture out to The Landscape Arboretum to enjoy the flowers and the Apple Blossoms beauty!

Admission fees are \$15 per person and will need to be paid that day.  
MN Landscape Arboretum  
Chanhasen • Rainout Plan • WebEx • \$5

## Spring Walk at French Regional Park

AGES 18+

Monday, May 24, 3-5pm

Enjoy a spring walk with friends as we get out and enjoy nature at French Regional Park.

12605 Rockford Rd. • Plymouth • \$5

## Singles Social

AGES 18+

Friday, May 14  
2:30-4pm

Looking to meet your special someone? Join the REACH group to play some games together to get to know one another.

WebEx • \$5

## Snacks & Cinema: Mulan

AGES 13+

Thursday, April 29, 6-8:30pm

### Soul

Thursday, May 27, 6-8:30pm

We all know you can watch movies on your own, but it's fun to watch them with friends! Join us for these movies and engage with friends over chat.

Bring your own snacks • WebEx • \$3

## Virtual Hiking Club

Last Tuesday of the Month  
March 30, April 27, May 25  
10-11:30am

Explore the wonders of the world from your couch!

WebEx • \$12 for 3 meetings

## Social Seekers

AGES 15+

Wednesdays, 5-6pm

This is a program for teens and adults on the Autism spectrum. We meet once a week for fun and social interaction. We play games, solve riddles, and enjoy working through our weekly highs and lows together.

Call 952.393.5866 for more information or to schedule an intake. • Google Meet • \$105

## Spring Fling Karaoke & Dance Party

AGES 16+

Friday, April 30, 6:30-8pm

Join your friends and groove to all the latest hits as well as classic dance songs! Have a chance to do some karaoke, sing along with the group, or just dance!

WebEx • \$5

## Trivia: Anime

Friday, April 16, 2:30-4pm

## Trivia: Music

Monday, May 24, 1-2:30pm

Bring your own snacks and beverages and join us for a video (or audio only) hang out. Compete in trivia from your favorite topics with a host from REACH.

Teams are welcome! • WebEx \$5

## Walking Workout

Wednesday, May 26  
11am-12pm

We will go for a walk-separate but together! Join us on a WebEx call with audio only. Wear headphones or just talk on the phone while we play some games and connect.

WebEx • \$3

## What's Cooking

AGES 16+

YouTube link. Sign up to receive periodic video instructions and recipes to try at home! Receive 1-2 videos per month.

Free • Suggested \$5 donation

## Wednesday Night Social Series

AGES 18+

Wednesdays, March 31-May  
19 6:30-8pm

Our WNS club gets together weekly for fun and social interaction. We play games and do virtual concerts, tours, and crafts from home!

WebEx • In-person • \$40/\$48

## Jump into Spring with Spring Wreath

Wednesday, March 31, 6:30-8pm

Get your creativity on and decorate your home with a beautiful Spring wreath! Supplies will be delivered to you.

WebEx • \$10

## Showing of Live Theater: Shakespeare's Romeo and Juliet

Wednesday, April 7  
6:30-8pm

Enjoy from the comfort of your home a live recording of Shakespeare's Romeo and Juliet performance.

WebEx • \$5

## Earth Day Jeopardy

Wednesday, April 14, 6:30-8pm

Test your trivia along with celebrating Earth Day with Earth Day Trivia!

WebEx • \$5

## Mother's Day Bath Bombs

Wednesday, April 21  
6:30-8pm

Celebrate all the moms by making them a homemade bath bomb!

Supplies delivered • WebEx • \$10

## Virtual Zoo Visit

Wednesday, April 28, 6:30-8pm

Let's check out some animals on live cams and learn some fun facts about different animals.

WebEx • \$5

## Movie Night: Glory Road

AGES 18+

Wednesday, May 5, 6:30-8pm

Kick back, relax and enjoy watching a movie from the comfort of your home.

WebEx • \$5

## Show & Tell and Scavenger Hunt

AGES 18+

Wednesday, May 12  
6:30-8pm

Hang out with friends on WebEx and do some show and tell by sharing your favorite things from home. The second half of the evening we will have a competition.

WebEx • \$5

## Social Distancing Picnic

AGES 18+

Wednesday, May 19  
6:30-8pm

Let's spend the last night of our WNS series together in person! We will keep our distance, bring a blanket or chair to sit on. REACH will prepare some bag lunches for participants.

Parkers Lake Park  
15205 County Road 6 • Plymouth • \$7

## Young Athletes at Home

All Ages

Fridays, April 2-May 21  
On-Demand

Have fun while improving your gross motor skills playing different games! Young Athletes is an early introduction to sports using focused activities that target mental and physical growth.

This is a unified program designed for children with and without disabilities. There is an evidence-supported curriculum for this program provided by Special Olympics MN.

New! This program will be run weekly on your own schedule! Videos come out each Friday so "subscribe" to the REACH YouTube Channel and register to get emails with the new links. Follow along with Emily in your own home at your own pace.

WebEx • Free