

# Reach

for Resources, Inc.

952.393.5880

reachforresources.org

Facebook.com/REACHforResources

## Adaptive Recreation

The adaptive recreation program is a cooperative effort of REACH for Resources and the cities of Brooklyn Center, Brooklyn Park, Golden Valley, Plymouth, Maple Grove, Chanhassen, Chaska, and St. Louis Park. REACH is an agency that serves individuals with developmental disabilities and their families in Hennepin County and Eastern Carver County. Services include adaptive recreation, independent living support, case management, and counseling.

For information and registration procedures, call 952.200.3030. NOTE: For persons not living in one of the above communities, you are considered a "Nonresident" and need to add \$8 to select registration fees.

### Book & Film Club

**First Thurs. of the mo., 2-3:30pm**

Read the book (or listen to an audiobook), watch the movie, and have lively discussion!

WebEx » \$9

### Virtual Fantasy Football Draft

**Thursday, Sept. 2, 5-8pm**

Join us for this online ESPN draft. You have the virtual option or follow on your home device.

WebEx » \$5

### Bagels & Board Games

**Friday, Sept. 10, 6:30-8pm**

Play board games & snacks.

Brooklyn Park Community Activity Center: 5600 85th Ave. N. Brooklyn Park » \$10

### Movie & Popcorn Night

**Friday, Sept. 10, 6:30-8:30pm**

Cozy up & watch a movie!

Brooklyn Park Community Activity Center: 5600 85th Ave. N. Brooklyn Park » \$8

### Non-Competitive Soccer

**Mondays, Sept. 13-Oct. 4  
6:15-7:15pm**

Come learn some ball skills and scrimmage with friends.

All abilities • Park Center High School  
7300 Brooklyn Blvd, Brooklyn Park » \$44/\$52

### Social Seekers

**Wednesdays, Sept. 15-Nov. 17  
5-6:30pm**

For teens/adults on the Autism spectrum. Games, crafts, and practice socializing with staff, volunteers, & participants.

A brief intake meeting is required for all new participants. Call 952.393.5866 for more info, or to schedule an intake. The Depot: 9451 Excelsior Blvd., Hopkins » \$205

### Art Abilities

**Thursdays, Sept. 16-Oct. 21**

Virtual workshop to explore creative interests beginning with warm-up exercises, painting, drawing, journaling, creating masks, and more.

This activity is made possible by the voters of Minnesota through a grant from the Metropolitan Regional Arts Council, thanks to a legislative appropriation from the arts and cultural heritage fund. » FREE



AGES 18+

### Singles Night Out Sculpture Garden & Walker Art Center

**Thursday, Sept. 16, 6:30-8pm**

Mix and mingle with singles while visiting the art center.

Walker Art Center:  
725 Vineland Pl, Minneapolis » \$6

### Dance: Fall Formal

**Friday, Sept., 17, 6:30-8pm**

Get dressed up and dance the night away with friends! We'll have a photo booth, delicious dessert, and festive decor

SLP Rec Center ROC: 3700 Monterey Dr. St. Louis Park: » \$10

### Bowling: Park Tavern

**Saturday, Sept. 18 - Nov. 6  
9:30-11:30am**

Non-competitive bowling. Bowl 2 games each week. Bring \$4.25 cash/check each week.

Park Tavern: 3401 Louisiana Ave S, St. Louis Park WebEx » \$44/\$52

### Kings & Queens Night

**Saturday, Sept. 18, 6:30-8pm**

We'll eat at Burger King and Dairy Queen! Bring \$ to order.

Dairy Queen: 7700 Normandale Blvd, Edina  
Burger King: 5105 Edina Industrial Blvd, Edina » \$6

### Teen Explorers

**Tuesdays, Sept. 21-Oct. 26  
6:30-8:30pm**

Bowling, ice cream, getting out, themed parties, crafts, & more!

We will send you the schedule for the quarter after registration » \$49/\$57

### Adaptive Fitness

**Wednesdays, Sept. 22 - Oct. 27  
6:15-7:15pm**

Get moving through various fitness games and activities.

All ages with a cognitive or physical disability with their family member(s) or PCA. Please bring a water bottle and wear tennis shoes. Brooklyn Park Community Center: 5600 85th Ave. N. Brooklyn Park » \$30/\$36



### Snacks & Cinema

**LUCA**  
with Swedish Fish  
Thursday, Sept. 30,  
6-8:30pm

**CRUELLA**  
with Puppy Chow  
Thursday, Oct. 28,  
6-8:30pm

**RAYA**  
with Gummy Sushi  
Thursday, Nov. 18,  
6-8:30pm

**GRINCH**  
with Roast Beef  
& Crackers  
Thursday, Dec. 16,  
6-8:30pm

Brooklyn Park Community Activity Center: 5600 85th Ave. N. Brooklyn Park » \$8

### B-I-N-G-O!

**Friday, Oct. 1, 6:30-8pm**

Join your friends to play everyone's favorite game!

SLP Rec Center: Banquet Room  
3700 Monterey Dr. St. Louis Park  
\$8 Pre-registration only

### Craft: Fabric Pumpkins

**Monday, Oct. 11, 6:30-8pm**

Create 3 pumpkins using colorful socks to decorate for fall.

SLP Rec Center: Gallery Room:  
3700 Monterey Dr. St. Louis Park » \$16

### Halloween Tote

**Thursday, Oct. 14, 6:30-8pm**

Make a creative Halloween tote!

SLP Rec Center: Banquet Room:  
3700 Monterey Dr. St. Louis Park » \$15

### Brooklyn Center CC Pool

**Saturday, Oct. 23, 3-5pm**

Swim & slide with friends.

Brooklyn Center Community Center:  
6301 Shingle Creek Pkwy, Brooklyn » \$6

### Game Day Cooking

**Monday, Oct. 25, 6:30-8:30pm**

Try some game day food recipes!

Eisenhower Community Center:  
1001 MN-7, Hopkins (Room 210) » \$15

### Ghostly Gala

**Friday, Oct. 29, 5:30-8pm**

Pizza, games, prizes, music, dancing, and a costume contest!

Brooklyn Park Community Activity Center:  
5600 85th Ave. N. Brooklyn Park  
\$10 » Pre-registration required

### Game Break!

**Mondays, Nov. 1-Dec. 6, 1-2:30pm**

A weekly interactive game group!

WebEx » \$15/\$21

### Sexuality for All Abilities

**Tuesdays  
Sept. 14 - Nov. 23  
4:30-6pm**

Students will learn about advocating their boundaries and needs in relationships, keeping their bodies healthy and safe, and communicating with the people in their lives. Topics include healthy relationships, safe and appropriate boundaries, personal safety, private and public spaces, dating, puberty, human reproduction, pregnancy prevention, and gender and sexual orientation.

Taught/led by Lutheran Social Service of Minnesota's SELF Team. Due to generous funding sources, there is no cost to attend • Zoom • FREE

## Wednesday Night Social

Wednesdays, 6:30-8:30pm

Become more engaged in your communities and build social and coping skills while you practice flexibility.

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18+

Open to individuals of all abilities, some participants bring a staff or caregiver if additional support is needed. Sign up for the full series (which includes 1-8), or sign up for individual activities.

Various locations » \$57/\$65

### WNS1: Welcome Party with Fall Leaf Art

Wednesday, Sept. 15, 6:30-8:30pm

Create a canvas of fall color with this tissue paper painting.

Brooklyn Park Community Center: 5600 85th Ave. N. Brooklyn Park » \$10

### WNS2: Galaxy Drive-In

Wednesday, Sept. 22, 6:30-8:30pm

Gather with friends as we go to the Drive-In!

Bring money to order what you want off the menu!

3712 Quebec Ave S, St Louis Park » \$10

### WNS3: Trail Mix Madness

Wednesday, Sept. 29, 6:30-8:30pm

Create your own personalized trail mix to bring with you during our Fall Colors Nature Walk!

Please note your food allergies upon registration. We will avoid peanuts.

SLP Rec Center: Wolfe Park Pavilion » \$10

### WNS4: Fall Colors Nature Walk

Wednesday, Oct. 6, 6-7:30pm

Enjoy a walk with friends as you take in the beautiful colors of fall! Meet at the trailhead.

1221 Theodore Wirth Pkwy, Golden Valley » \$10

### WNS5: Pumpkin Extravaganza

Wednesday, Oct. 13, 6:30-8:30pm

Pumpkin snacks, crafts, & games!

SLP Rec Center - Banquet Room: 3700 Monterey Dr, St. Louis Park » \$10

### WNS6: Movie Night

Wednesday, Oct. 20, 6:30-8:30pm

Come, sit back, and relax as we watch a movie with friends!

Brooklyn Park Community Activity Center: 5600 85th Ave. N. Brooklyn Park » \$10

### WNS7: Halloween Party

Wednesday, Oct. 27, 6:30-8:30pm

Make your own monster cookies and play Halloween games! Costumes encouraged.

SLP Rec Center: Banquet Room: 3700 Monterey Dr, St. Louis Park » \$10

### WNS8: New Year's Resolution Board

Wednesday, Nov. 3, 6:30-8pm

Create your 2022 New Year resolutions by writing them in your journal.

SLP Rec Center: Banquet Room: 3700 Monterey Dr, St. Louis Park » \$15

### Pizza & Bingo

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Thursday, Nov. 4, 6-8pm

Thursday, Dec. 9, 6-8pm

Let's get together for dinner & game night. Prizes & pizza for all!

Brookview CC Valley Room:

316 Brookview Pkwy S, Golden Valley

\$17 Participants » \$8 Companions

### Vikings Football w/Subs

Sunday, Nov. 7, 12-3pm

Watch our team play the Baltimore Ravens and enjoy sub sandwiches!

SLP Rec Center: Gallery Room

3700 Monterey Dr, St. Louis » \$16

AGES  
18+

### B-I-N-G-O (Virtual)

Friday, Nov. 12, 6:30-8pm

WebEx » \$5

AGES  
13+

### Cooking Night: No-Bake Party Appetizers

AGES  
16+

Monday, Nov. 15, 5-7pm

Learn new and easy non-bake appetizer recipes.

Brooklyn Park Community Activity Center:

5600 85th Ave. N. Brooklyn Park » \$21

### Barn Dance Karaoke

Friday, Nov. 19, 6:30-8pm

Join your friends singing karaoke and dancing.

WebEx » \$8 Pre-registration only

### Craft: Snowy Mason Jars & Holiday Cards

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Tuesday, Nov. 30, 6:30-8pm

Decorate snowy jars, make cards, and gift tags with friends.

Brooklyn Park Community Activity Center:

5600 85th Ave. N. Brooklyn Park » \$15

### Dance Workout

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Wednesdays, Dec. 1-22  
10:30-11:30am

Join Emily for a fun, fast-paced dance class for exercise.

WebEx » \$12/\$20

### Graham Cracker Houses

Thursday, Dec. 2, 6:30-8pm

Create an epic masterpiece of a gingerbread house.

Chanhasen Recreation Center

2310 Coulter Blvd. Chanhasen » \$10

AGES  
18+

### Wii Bowling & Pizza Night

Friday, Dec. 3, 6:30-8:30pm

Show off your Nintendo Wii bowling skills and enjoy dinner.

Brooklyn Park Community Activity Center:

5600 85th Ave. N. Brooklyn Park » \$10

### Jeopardy!

Tuesday, Dec. 7, 2:30-4pm

Hosted trivia competition. Video chat, or just call in.

WebEx » \$5

### Holiday Shopping

Saturday, Dec. 11, 2-4pm

Spend social time while shopping for friends & family.

Southdale Mall: 10 Southdale Center

Edina » \$6

### Craft: DVI Holiday Gifts

Monday, Dec. 13, 6:30-8pm

We will have supplies for 3 different gift ideas.

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SLP Rec Center: Gallery Room:

3700 Monterey Dr, St. Louis Park » \$12

### Cooking Night: Holiday Cookie Plate

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16+

Tuesday, Dec. 14, 6-8pm

Make a variety of treats to take home and share with family and friends!

Eisenhower Community Center: 1001 MN-7

Hopkins (Room 210) » WebEx » \$25

### Holiday Jamboree

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Friday, Dec. 17, 6:30-8:30pm

Enjoy hot chocolate, create holiday-themed crafts, listen to great music, and play bingo!

Brooklyn Park Community Activity Center:

5600 85th Ave. N. Brooklyn Park » \$10

### Cross Country Skiing or Sit-Skiing

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Saturday, Dec. 18, 10am-12n

We'll assist with ski rental and gear. Attending companions pay for their ski rental at the door.

Sit-Skis make skiing accessible for those who use wheelchairs.

French Regional Park: 12605 Rockford Rd. Plymouth » \$18



### NYE Dance Party

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Thursday, Dec. 30, 6:30-8pm

Ring in 2022 with karaoke, snacks, mocktails, and music!

SLP Rec Center, 3700 Monterey Dr.

St. Louis Park: Banquet Room » \$8